

SOUTHWEST FLORIDA ALUMNAE ASSOC.

Kappa Delta Sorority

making great things happen.

April 2010

Salad Luncheon
Saturday, May 8th, 11:30 AM

Linda Mattos' Home
3827 East River Drive – Fort Myers

Please bring your favorite salad topping. Eggs, chickpeas, carrots, cheese crumbles, pasta salad – get creative!

RSVP to Linda (239) 694-5608 or lvcookmattos@msn.com

Florida Gulf Coast University Update

Kappa Delta was recently invited to present to the FGCU Panhellenic Association in the hopes of starting a collegiate chapter. At this time, we don't have any additional information but will send an update as soon as we hear. A special thanks to the KDs who were able to attend the presentation.

Recipe from Grace Plessinger – Sausage Grits

1 lb Jimmy Dean hot sausage
1 C regular grits
4 C boiling water
1 tsp salt
¼ C butter
1 C shredded sharp cheese
1 C milk
3 eggs slightly beaten
dash of paprika

Fry sausage. Drain on paper towels. Cook grits in boiling salted water, stirring frequently for 5 min. Add butter and cheese. Stir until melted and remove from heat. Add milk, sausage and eggs. Mix and pour into 9x13 glass dish. Sprinkle with paprika and bake at 350 for 40-45 minutes. Can be made ahead (and frozen).

AA Officers

President

Brenda Van Der Heyden

Vice President

Linda Mattos

Secretary

Grace Plessinger

Treasurer

Jane Newland

Shamrock Project

Thank you for your Shamrock donations. We donated \$130 to the Children's Advocacy Center.

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